

# Scam Safety With Dignity: Building Guardrails, Not Taking Control

“Safety does not come from taking control away. It comes from supporting judgment when the brain is under strain.”

## Protection Layers

### Reduce Exposure



Silence unknown callers



Use credit card instead of debit



Strong email spam filtering



Remove high-risk purchasing links

### Add Pause & Verification



“Pause - Verify - Proceed” rule



Alerts for large transactions



Trusted contact on accounts



Shared agreement to check before urgent requests

### Stronger Guardrails (When Risk Repeats)



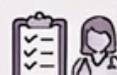
Spending or transfer limits



Elder law consultation for preventive planning



Dual approval for large transactions



Functional assessment by OT or care manager

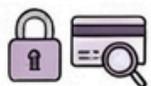
## When to Seek Professional Help



Repeated scam involvement



Continued contact with scammers



Sharing passwords, SSN, or account information



Inability to learn from prior events



“We're not taking over your decisions. We're building supports so no one can pressure you into acting fast.”

